

Bring this form filled when coming for Hip Replacement surgery

Name:

Date of birth:

Address:

NIC number/passport number:

Phone numbers: 1)

2)

Height:(centimeters) Weight:(kilograms)

During the past 1 month :-

1) How would you describe the pain in your hip ?

- | | |
|------------------------------------|---|
| <input type="checkbox"/> None | 4 |
| <input type="checkbox"/> Very mild | 3 |
| <input type="checkbox"/> Mild | 2 |
| <input type="checkbox"/> Moderate | 1 |
| <input type="checkbox"/> Severe | 0 |

2) Are you troubled by pain in your hip at night in bed?

- | | |
|---|---|
| <input type="checkbox"/> No nights | 4 |
| <input type="checkbox"/> Only one or two nights | 3 |
| <input type="checkbox"/> Some nights | 2 |
| <input type="checkbox"/> Most nights | 1 |
| <input type="checkbox"/> Every night | 0 |

3) Have you had any sudden severe pain (shooting, stabbing) from your hip?

- | | |
|---|---|
| <input type="checkbox"/> No days | 4 |
| <input type="checkbox"/> Only one or two days | 3 |
| <input type="checkbox"/> Some days | 2 |
| <input type="checkbox"/> Most days | 1 |
| <input type="checkbox"/> Every day | 0 |

4) Have you been limping when walking because of your hip?

- | | |
|--|---|
| <input type="checkbox"/> Rarely or never | 4 |
| <input type="checkbox"/> Sometimes at the beginning of walking | 3 |
| <input type="checkbox"/> Sometimes at beginning and later also | 2 |
| <input type="checkbox"/> Most of the time | 1 |
| <input type="checkbox"/> All of the time | 0 |

5) For how long are you able to walk before the pain in your hip becomes severe?

- | | |
|---|---|
| <input type="checkbox"/> No pain for 60 minutes or more | 4 |
| <input type="checkbox"/> 16-60 minutes | 3 |
| <input type="checkbox"/> 5-15 minutes | 2 |
| <input type="checkbox"/> Around the house only | 1 |
| <input type="checkbox"/> Not at all. Severe pain on walking | 0 |

- 6) Can you climb a flight of stairs?
- Yes, easily 4
 - With little difficulty 3
 - With moderate difficulty 2
 - With extreme difficulty 1
 - No, impossible 0
- 7) Can you dress yourself on your own ?
- Yes, easily 4
 - With little difficulty 3
 - With moderate difficulty 2
 - With extreme difficulty 1
 - No, impossible 0
- 8) After a meal (sitting down), how painful is it for you to stand up from a chair because of your hip ?
- Not painful at all 4
 - Slightly painful 3
 - Moderately painful 2
 - Very painful 1
 - Unbearable 0
- 9) Have you had any trouble getting in and out of a car or using public transport because of your hip?
- No trouble at all 4
 - Very little trouble 3
 - Moderate trouble 2
 - Extreme difficulty 1
 - Impossible to do 0
- 10) Have you had any trouble washing and drying yourself because of your hip pain?
- No trouble at all 4
 - Very little trouble 3
 - Moderate trouble 2
 - Extreme difficulty 1
 - Impossible to do 0
- 11) Can you do the household shopping on your own?
- Yes, easily 4
 - With little difficulty 3
 - With moderate difficulty 2
 - With extreme difficulty 1
 - No, impossible 0
- 12) How much has pain from your hip interfered with your day to day work?
- Not at all 4
 - A little bit 3
 - Moderately 2
 - Greatly 1
 - Totally 0