

- 6) Have you been limping when walking because of your knee?
- Rarely or never 4
 - Sometimes at the beginning of walking 3
 - Sometimes at beginning and later also 2
 - Most of the time 1
 - All of the time 0
- 7) Can you kneel down and get up again afterwards?
- Yes, easily 4
 - With little difficulty 3
 - With moderate difficulty 2
 - With extreme difficulty 1
 - No, impossible 0
- 8) Are you troubled by pain in your knee at night in bed?
- Not at all 4
 - Only one or two nights 3
 - Some nights 2
 - Most nights 1
 - Every night 0
- 9) How much has pain from your knee interfered with your day to day work?
- Not at all 4
 - A little bit 3
 - Moderately 2
 - Greatly 1
 - Totally 0
- 10) Have you felt that your knee might suddenly give away?
- Rarely or never 4
 - Sometimes at the beginning of walking 3
 - Sometimes at beginning and later also 2
 - Most of the time 1
 - All of the time 0
- 11) Can you do household shopping on your own?
- Yes, easily 4
 - With little difficulty 3
 - With moderate difficulty 2
 - With extreme difficulty 1
 - No, impossible 0
- 12) Can you walk down a flight of stairs?
- Yes, easily 4
 - With little difficulty 3
 - With moderate difficulty 2
 - With extreme difficulty 1
 - No, impossible 0